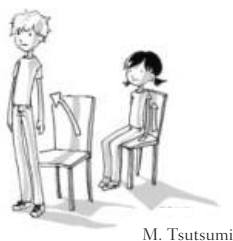


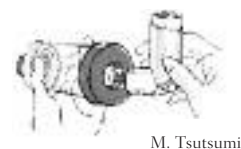
## USING AN INHALER WITH SPACER

Spacers increase the amount of medicine that reaches the airways and can decrease side effects. When using a spacer correctly, more medicine will get into the lungs. Use a spacer as instructed by health care providers.

1. Stand or sit up straight.



2. Attach the inhaler to a spacer.



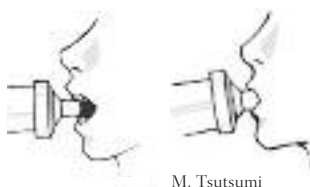
3. Shake the inhaler (10 shakes).



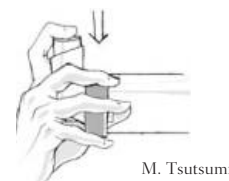
4. Hold the spacer close to your mouth and breathe out naturally.



5. Put the spacer mouthpiece between your teeth then close your lips.



6. Press down once on the inhaler.



7. Breathe in slowly and keep breathing in slowly until your lungs are full.



8. Remove the spacer from your mouth and close your lips. Hold your breath for 10 seconds.



9. Breathe out slowly.



10. Wait 15 seconds.



11. Repeat steps 4 through 10 for each puff that your health care provider tells you to take.

12. Rinse mouth with water and spit out.

